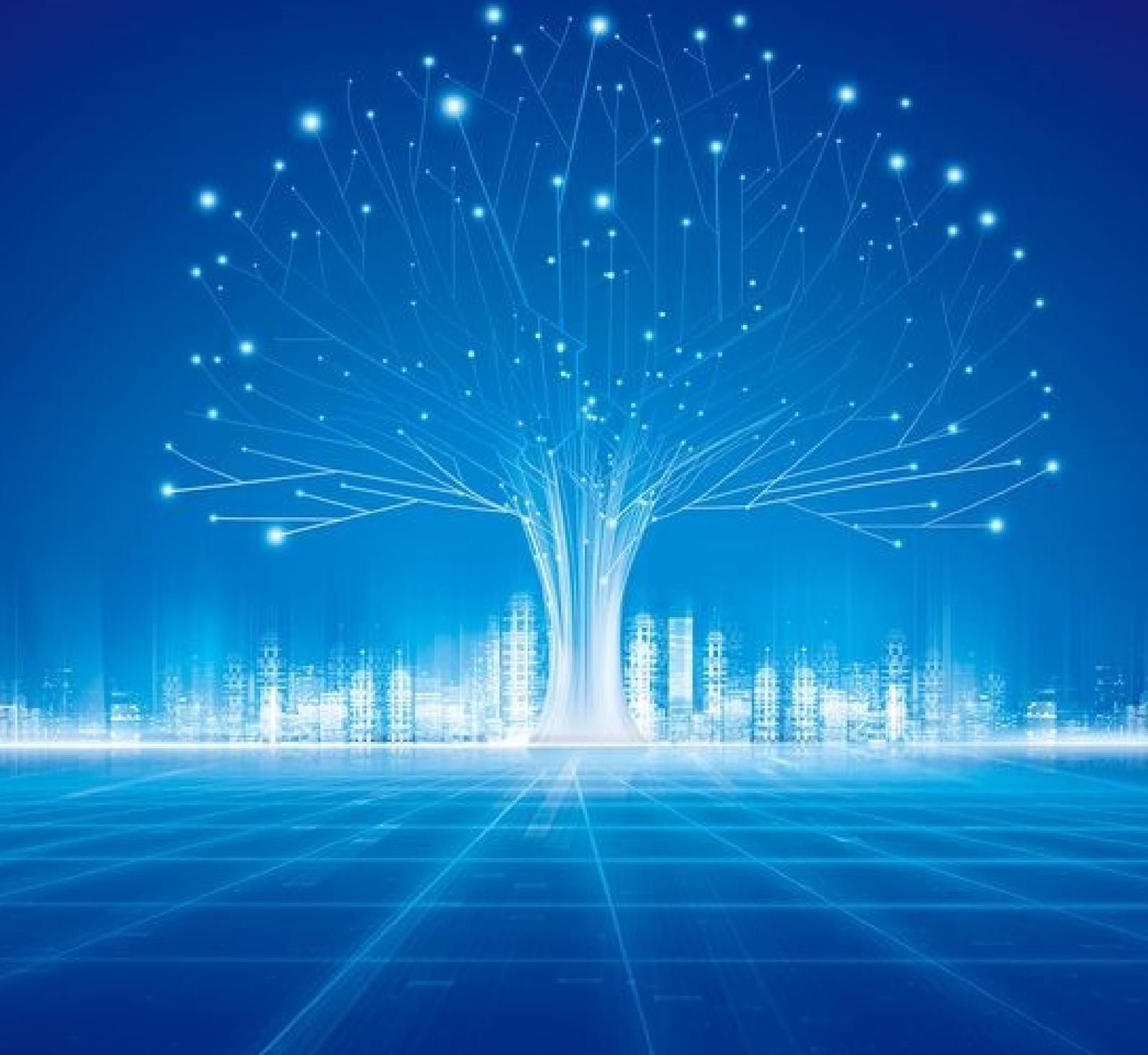


CAPS *foundation*

Infomag



June 2022 | Issue No.90

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Cf Tulsi Gowda



Tulsi Gowda is an Indian environmentalist from Honnali village, Ankola taluk, in Karnataka state. In 2021, the Government of India honoured her with the Padma Shri, the country's fourth highest civilian award. She has planted more than 30,000 saplings and looks after the nurseries of the Forest Department. Despite having no formal education, she has made immense contributions towards preserving the environment. Her work has been honoured by the Government of India and various organizations. She is also known as the "Encyclopedia of Forest" for her ability to recognise the mother tree of any species of tree.

Tulsi Gowda was born in 1944 into the Halakki tribal family within the Honnali village, a settlement transitioning between rural and urban within the Uttara Kannada district in the Indian state of Karnataka. Karnataka is a state in South India known for its popular eco-tourism locations as it has over twenty-five wildlife sanctuaries and five national parks.

Gowda was born into an impoverished family, and her father died when she was 2 years old, compelling her to begin working alongside her mother as a day laborer at a local nursery once she was old enough, prohibiting her from ever receiving a formal education. As a result of her lack of education, she is not a learnt woman. At a young age, she was married off to an older man named Govinde Gowda, but no one, including her, knows exactly how old she was when the marriage began, but she was estimated to be around 10 to 12 years old. Her husband died when she was in her 50s.

At the nursery, Gowda was responsible for taking care of the seeds that were to be grown and harvested at the Karnataka Forestry Department, and she specifically cared for the seeds that were meant to be a part of the Agasur seedbed. Gowda continued working at the nursery alongside her mother as a daily wage worker for 35 years until she was offered a permanent position in recognition of her work towards conservation and extensive knowledge of botany. She then worked at the nursery in her permanent position for 15 more years before she decided to finally retire at the age of 70. During her entire time at this nursery, she contributed and worked directly to aid the afforestation efforts by the forest department by using her traditional knowledge of the land that she gained through first-hand experience. She has not just planted saplings that will grow to become trees that help the world at large to live better; she has also worked not only to prevent poachers but also many forest fires from destroying the wildlife.



KNOWLEDGE – 96%

***“KNOWLEDGE HAS POWER.
IT CONTROLS ACCESS TO OPPORTUNITY AND ADVANCEMENT”.***
– PETER DRUCKER

Knowledge can be defined as “ Awareness or familiarity gained by an Experience of the fact or situation”. It is nothing but facts, information and skills acquired through experience or education. Knowledge is power; Knowledge is wealth & Knowledge is everything.

Knowledge, when used in the right context, yields the best outcome. Acquiring knowledge is a skill but utilising the same in the right context comes only by experience. Some may have great knowledge but may not know when and how to use; whereas some others may have little knowledge but best in implementation. Therefore, it is not only about just having knowledge; it is also about application of the same.

Points to Ponder: :

- ❖ Knowledge should not be a stand-still water; it should keep flowing like a river.

- ❖ Knowledge should be updated and upgraded; else it will be outdated.
- ❖ Communication & Knowledge go hand in hand.
- ❖ It depends on memory capacity, experience, expertise and transfer skills.
- ❖ Knowledge should bring “Vinaya” and not Arrogance.
- ❖ Use of technology facilitates the best outcome of knowledge.

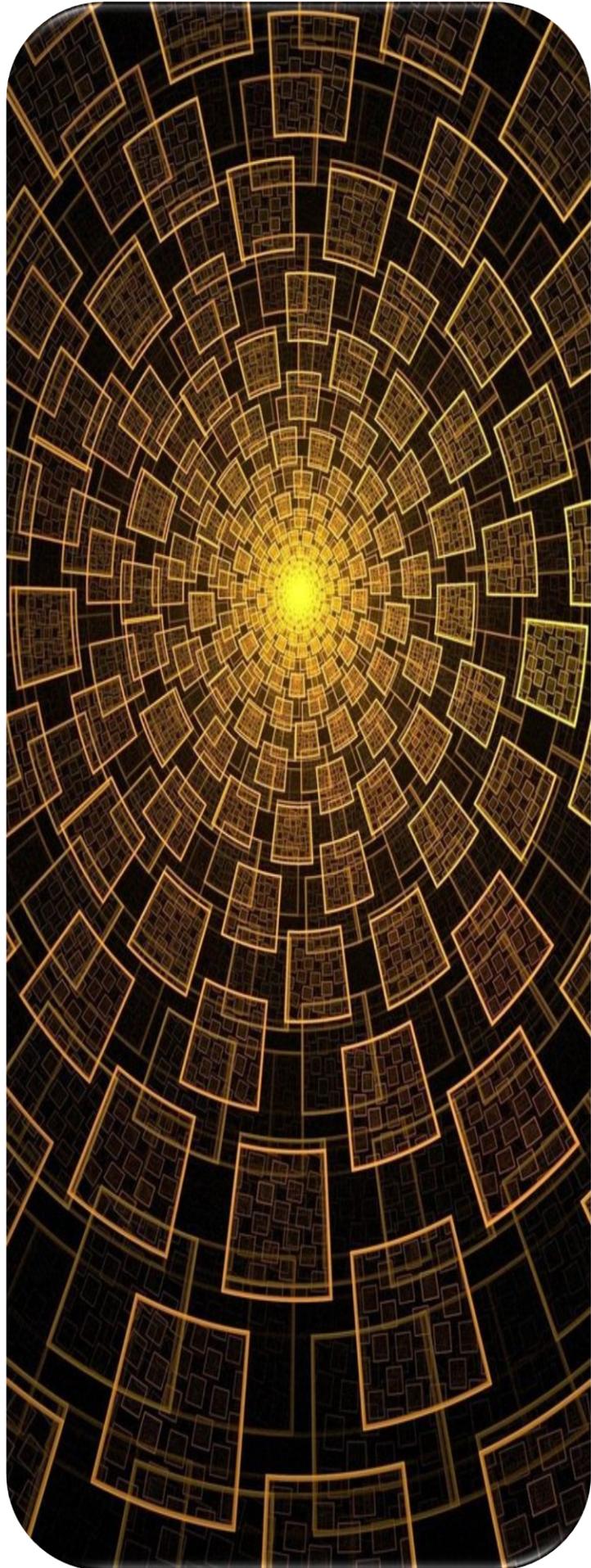
The Matho- English of Knowledge gives 96% success rate. Therefore, it is a key factor in human success. The humans can ever grow only by AAA's of knowledge –“**Acquiring, Applying and Adopting**”.

SPC Message :

***REAL KNOWLEDGE IS TO KNOW THE EXTENT OF ONE'S IGNORANCE “
- CONFUCIUS***



Click here for more!



Life may seem like a mix,
Flowing in all directions!
You might stand still in a fix,
Wondering if there was a misdirection!

Take a deep breath,
Feel the air aside,
Change the curve to an upside down fret,
You still have your loved ones beside!

With the bright sunlight,
And fresh dew after the drizzle,
You know the time is right,
When you see pieces fitting the puzzle,

It's life! And it's short!
Just drive! The journey will sort!
What's meant to be, will surely be,
Just trust and give it a shot!

©sukanya_t



She is a woman, A woman with fire in her, woman with strength. Woman who was punished because of men in her life. She was stripped, not just of her clothes, but of her honour. And her husbands stood and did nothing. But the strength in her didn't die. The hope in her didn't die. And that, that fire in her saved her. She saved herself. She is DRAUPADI

Part-1 – A woman

Draupadi or 'Panchali' was one among the 9 most beautiful women of Mahabharata. She was the daughter of the emperor of Panchala, King Drupada. A lesser-known fact is Draupadi's role as an Empress. Trained in economy, she took upon the responsibility of looking after the treasury of the Empire, and also ran a citizen liaison. Hemachandra, a Svetambara Jain monk, suggests that Draupadi was Nagasri in one of her previous lives and had poisoned a Jain monk. Therefore, she had to suffer in hell and animal incarnations for several lives before being born a woman who later became a Jain nun. After her death, she was reborn as Draupadi and was married to five Pandavas.

She (Parshati) was the grand-daughter of Prishata. She was not born from a woman's womb, hence she was "Ayonija". Her father performed 'Putrakameshti Yagna' where she and her brother emerged from fire (known as Yagnaseni) like she owned this world. Krishnaa is the birth name of Draupadi.

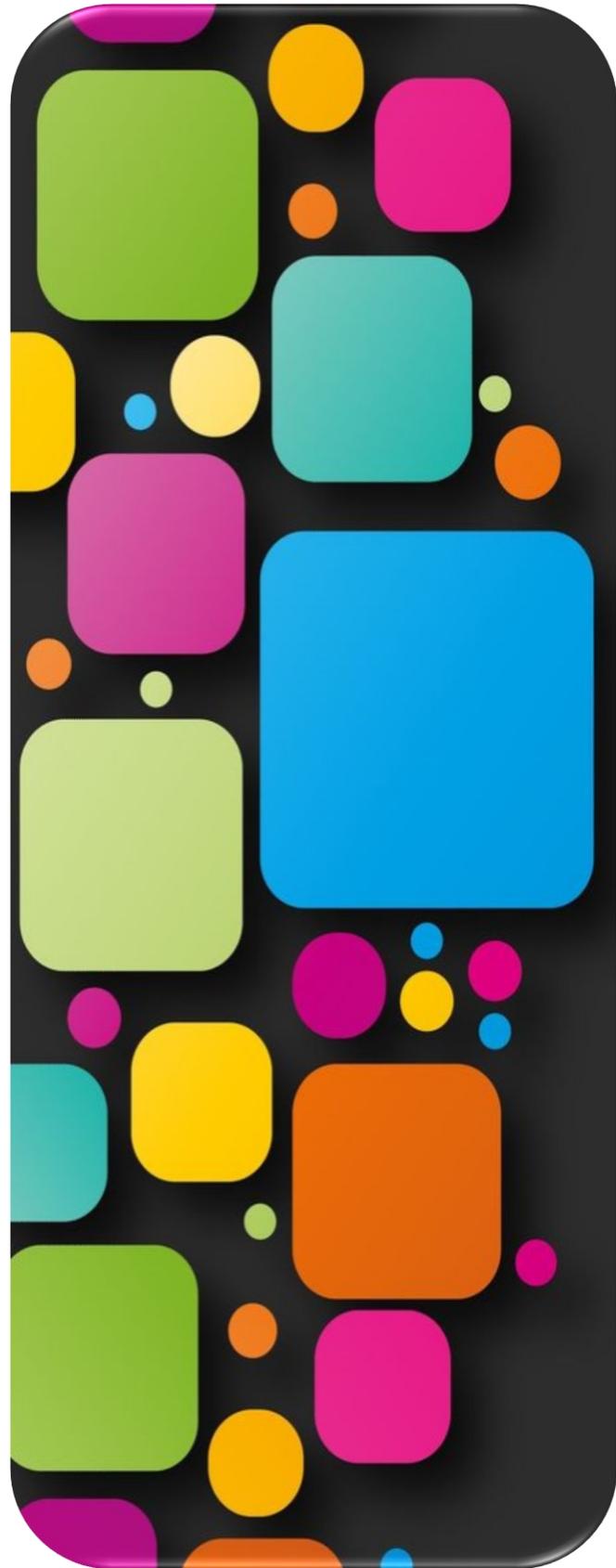
The one with dark and pure skin, radiating the purity, honour and principality. She had her locks blue and curly, her eyebrows were fair and her bosom was deep. Indeed, she resembled the veritable daughter of a celestial born among men. Her beauty was such that she had no equal on earth.

Draupadi, the fire born princess in her childhood was always interested in martial arts and the principles of ruling a kingdom that she was devoid of and learnt secretly while her brother was learning these in depth. She has always been brave, ever since she was a little girl. She can be aggressive, when need be, but she never loses her sense of compassion, like any other woman. She is an extremely admirable woman who was very close to her brother and grew up with Krishna beside her always throughout her childhood, though she did not understand most of his predictions of her life ahead, as a child.

In Sanskrit Mahābhārata, Draupadi is described as the incarnation of different goddesses. In Sambhava section of Adi Parva, she is said to be partial incarnation of Goddess Shachi (or Sachi). The Draupadi Amman sect (or Draupadi devotional sect) is a tradition that binds together a community of people in worshipping Draupadi Amman as a village goddess with unique rituals and mythologies.

Cf 59th Shetty Sir's Quiz Corner

1. The Life Insurance in India was nationalized in the year–
(A) 1870
(B) 1956
(C) 1960
(D) 1966
2. Which of the following taxes are abolished by the Goods and Services Tax.
(A) Property tax
(B) Corporation tax
(C) VAT
(D) All of the above
3. India's first green-field grain-based ethanol plant has been inaugurated in which state/UT?
(A) Gujarat
(B) Odisha
(C) Bihar
(D) Telangana
4. What is meant by Tax haven?
(A) A country which gives tax exemptions to the foreign citizens that there will be no tax on investing the money in their country.
(B) Subsidy given by the government in taxes
(C) Tax evasion in the domestic country
(D) To impose equal taxes on domestic producers and foreign producers
5. Interest earned is a
(A) Personal account
(B) Real account
(C) Nominal account
(D) Intangible real account



Winners-May 2022

1. **Pavan S**

Submit

Click here to give the answers & suggestions

1. Book of the month- Tuesdays With Morrie: An old man, a young man, and life's greatest lesson by Mitch Albom

Maybe it was a grandparent, or a teacher or a colleague. Someone older, patient and wise, who understood you when you were young and searching, and gave you sound advice to help you make your way through it. For Mitch Albom, that person was Morrie Schwartz, his college professor from nearly twenty years ago. Maybe, like Mitch, you lost track of this mentor as you made your way, and the insights faded. Wouldn't you like to see that person again, ask the bigger questions that still haunt you? Mitch Albom had that second chance. He rediscovered Morrie in the last months of the older man's life. Knowing he was dying of ALS - or motor neurone disease - Mitch visited Morrie in his study every Tuesday, just as they used to back in college. Their rekindled relationship turned into one final 'class': lessons in how to live. TUESDAYS WITH MORRIE is a magical chronicle of their time together, through which Mitch shares Morrie's lasting gift with the world.

2. Word of the month: Zooid

any organic body or cell capable of spontaneous movement and of an existence more or less apart from or independent of the parent organism.

3. Concept of the month: Inemuri

Inemuri is the Japanese practice of sleeping on the job. It literally means, "sleeping while present". It is a way for an employee to show how committed they are to working. In other words, the employee spends so much time working that they sleep too little at home and have to do inemuri.

4. Quite Interesting-International Yoga Day

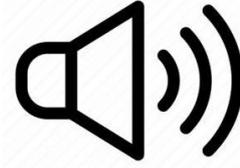
"Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature. By changing our lifestyle and creating consciousness, it can help in well being. Let us work towards adopting an International Yoga Day."

These were the words of honorable Prime Minister of India, Shri Narendra Modi in the United Nations General Assembly in September 2014. The date of 21 June was proposed, as it is the LONGEST DAY OF THE YEAR in the Northern Hemisphere and shares a special significance in many parts of the world.

Shiva is considered to be the originator of yoga, he is the Adiyogi, the first yogi (adi ="first"). Summer solstice holds importance in the yogic culture as it is considered to be the very beginning of yoga. Yoga was brought to the people by the Saptarishis - the story says that Shiva was sitting in blissful meditation for years, many people flocked to him out of curiosity but left as he never paid attention to anyone. But seven people stayed, they were so determined to learn from Shiva, that they sat still for 84 years. After this, on the day of the summer solstice, when the sun was shifting from the northern to the southern run, Shiva took notice of these 7 beings - he could no longer ignore them. On the next full moon, 28 days later, Shiva turned into the Adiguru (the first guru), and transmitted the science of yoga to the Saptarishis.

5. Gita For Life-Chapter 1 Arjuna Vishaada Yoga(Verse 29-31)

वेपथुश्च शरीरे मे रोमहर्षश्च जायते ॥ 29॥
गाण्डीवं संसते हस्तात्त्वक्चै व परिदह्यते ।
न च शक्नोम्यवस्थातुं भ्रमतीव च मे मनः ॥ 30॥
निमित्तानि च पश्यामि विपरीतानि केशव ।
न च श्रेयोऽनुपश्यामि हत्वा स्वजनमाहवे ॥ 31॥



My whole body shudders; my hair is standing on end. My bow, the Gāṇḍīv, is slipping from my hand, and my skin is burning all over. My mind is in quandary and whirling in confusion; I am unable to hold myself steady any longer. O Krishna, killer of the Keshi demon, I only see omens of misfortune. I do not foresee how any good can come from killing my own kinsmen in this battle.

6. Mankuthimmana Kagga

ಇಳೆಯ ಬಿಟ್ಟಿನ್ನು ಮೆತ್ತಲುಮೈದದ ಪ್ರೇತ |ವಲೆವಂತೆ ಲೋಕ ತಲ್ಲಣಿಸುತಿಹುದಿಂದು ||ಹಳೆಧರ್ಮ ಸತ್ತಿಹುದು ಹೊಸಧರ್ಮ ಹುಟ್ಟಿಲ್ಲತಳಮಳಕೆ ಕಡೆಯೆಂದೊ? - ಮಂಕುತಿಮ್ಮ || ೧೬ ||

The whole world is as restless as a spirit that has left this earth but not ascended to above world. Older beliefs and faiths have crumbled. New ones are not convincing yet. When will this restlessness end?

7. Inspirational story-Will you marry me?

Centuries ago, in a small Italian town, there was a business owner who was in a great amount of debt.

His banker, who was an old, unattractive man, strongly desired the business owner's younger beautiful daughter.

The banker decided to offer the businessman a deal to forgive the debt that he owed the bank completely. However, there was a bit of a catch.

In order for the businessman to become debt-free, he was to have his daughter marry the banker.

The businessman didn't want to concede to this agreement, but he had no other choice, as his debt was so extreme.

The banker said he would put two small stones into a bag—one of which was white, and the other black.

The daughter would then need to reach into the bag and blindly choose a stone. If she chose the black stone, the businessman's debt would be cleared and the daughter would have to marry the banker.

However, if she chose the white stone, the debt would be cleared and the daughter would not have to marry him.

While standing in the stone-filled path in the businessman's yard, the banker reached down and chose two small stones, not realizing that the businessman's daughter was watching him. She noticed that he picked up two black stones and put them in the bag.

When it came time for the daughter to pick a stone out of the bag, she felt she had three choices:

1. Refuse to do it.
2. Take out both stones and expose the banker's cheating.
3. Pick a stone, knowing it would be black, and sacrifice herself to get her father out of debt.

She picked a stone from the bag, and immediately 'accidentally' dropped it into the abundance of stones where they were all standing.

She said to the banker, "I'm sorry, I'm so clumsy! Oh well. Just look in the bag to see what color stone is in there now so you will know what color stone I picked."

Of course, the remaining stone was black. Because the banker didn't want his deceit to be exposed, he played along, acting as if the stone that the businessman's daughter dropped had to have been white.

He cleared the businessman's debt and the daughter remained free from having to spend the rest of her life with the banker.

The Moral:

While you may have to think outside of the box sometimes, it's always possible to conquer a difficult situation.

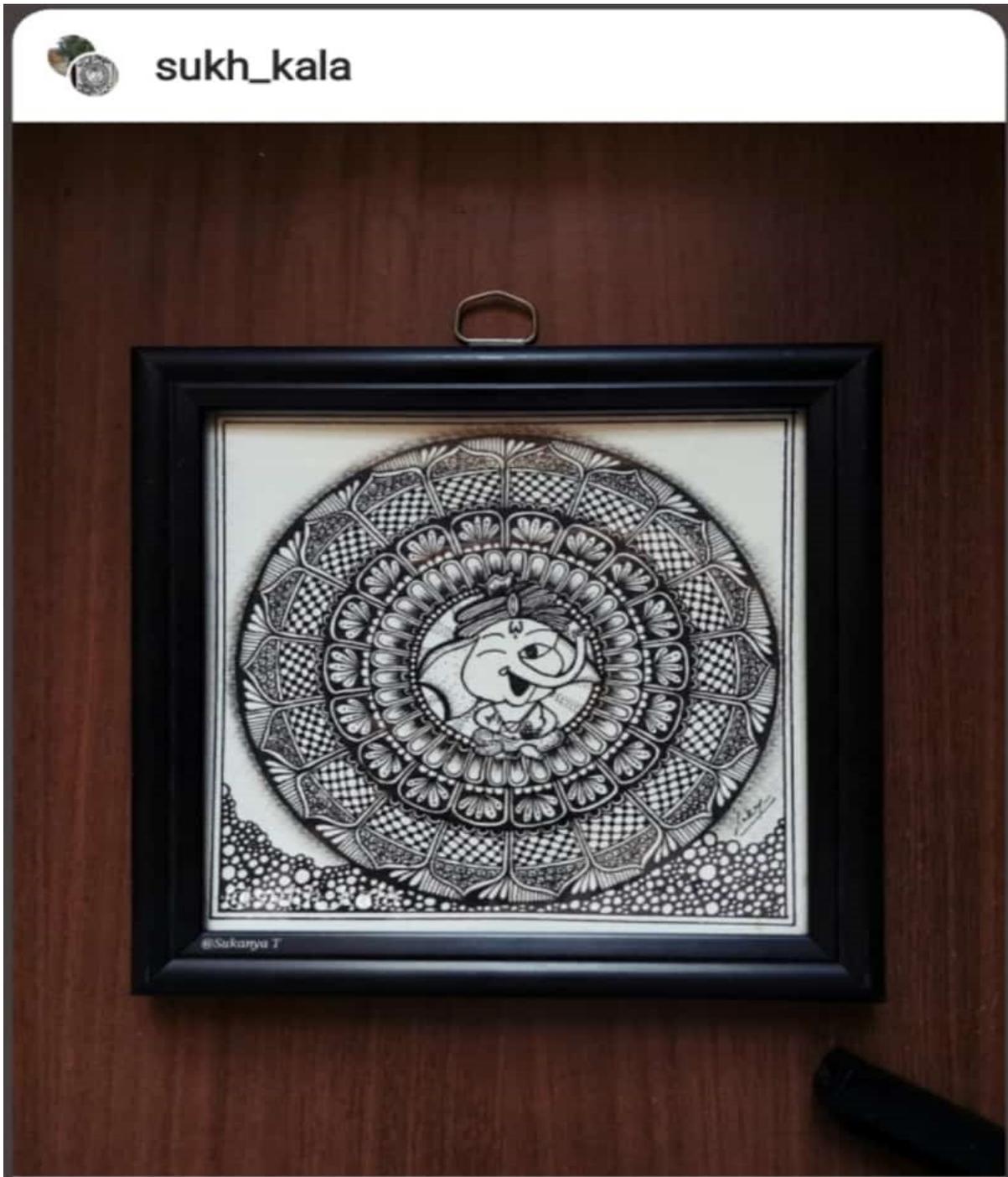
You don't have to always give in to the options you're presented with.

Challenge the status quo.

Think creatively.

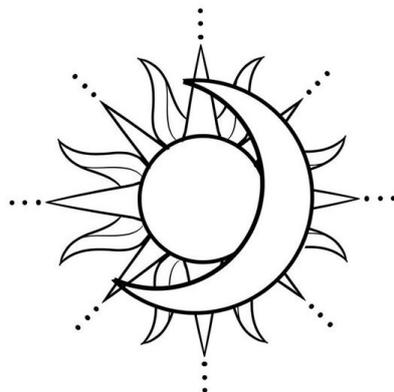
Engage in productive nonconformity when possible.

Don't be afraid to question the things that are expected to be true. In order to overcome challenges, you have to think in ways that you've never thought before.



inner peace and a smile, To win through the Chakravayuh of life! 😊

Sukanya T
CAPS Alumni



Cf Cf-Activities & Wall of Gratitude



Cf DON - 3
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Cf Amrutha Bharath

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YOUR name!!**

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When you find no solution to a problem, it's probably not a problem to be solved, but rather a truth to be accepted.

“All topics are very interesting and inspiring and would regret for not reading the previous infomags.” -Chetan.C

“Diverse topics are covered—Awesome.” -Rahul

“Fantastic Initiative—Loved Creativity” -Hemant

“Very inspiring and insightful. Awesome!” -Sunil

“Thanks for sharig amazing content-keep it up” -Mitesh

“The Perfect dose of wisdom and knowledge 🙏 ” -Prasad Shenoy



Thanks for reading



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