

Cf

CAPS@25



SILVER JUBILEE CELEBRATION

INFOMAG RELOADED

JANUARY 2025



Ayisha Unayemallam
PHOTOGRAPHY



TABLE OF CONTENTS



- 94th SPC -
- 03** Happy Life Series 2025
- 05** Comic Panel
- 06** Chocolate Box
- 07** Skills to Acquire
- 08** Wall of Words
- 09** Cf Impact
- 11** Thought to be Taught



“How you think about a problem is more important than the problem itself, so always think positively.”



94TH SPC SHETTY SIR'S PSYCHOLOGICAL CORNER

Life Happy **Series 2025**

Happy Life with CA Subjects!

**“Talk to yourself once in a day,
otherwise you may miss meeting an
important person in this world.”**

– Swami Vivekananda

ACCOUNTS HAPPINESS

Accounting is the first & foremost important
subject of CA, it connects to our life so
beautifully.

**Let us understand how, with the help of
the accounting definition.**

Recording: We need to record, physically or mentally, everything that we have done in a day so that at the end of the day, we can analyse what we did right and what we did wrong and improve upon the same.
e.g. Response to Happy, Sad, or Indifferent Act in office/ family, etc.
“ Learn to Respond rather than react.”

Mindfulness and awareness add value to Life.

Classifying: We must classify those deeds into right-wrong, positive-negative to understand ourselves better.

“Instead of worrying about what you cannot control, shift your energy to what you can create ”

Summarizing: We need to summarize everything on a weekly/monthly basis in such a way that the net right/positive things always exceed the wrong things, so that we can have a **net profit of happiness over sadness.**
Timely Evaluation of Self improves Overall Self.

Interpretation: We need to interpret every aspect of our life because **“Every level of your life demands a new version of you!”**.

Interpretation is very important since it helps us understand the different aspects of life, our contributions towards society, family and friends.





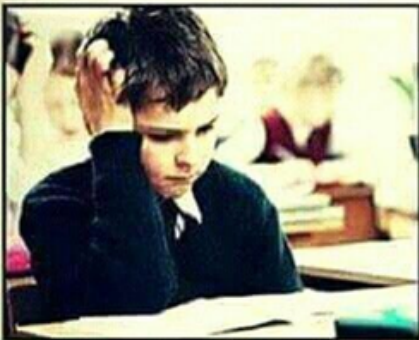
COMIC PANEL

What do you call a
small mother?
Minimum

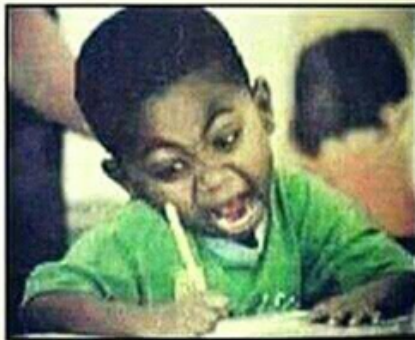
What do you
call a sick eagle?
Ill-egal

How do
mountains see?
They peak

90 Minutes Exam



First 85 minutes



Last 5 minutes

Why is Tomato
Tamatar but Potato
is not Potatar &
why is Potato Aloo
but Tomato not
Talu?



CHOCOLATE BOX

WORD OF THE MONTH

Nefarious - /nɪ'fɛəriəs/

(especially of an action or activity) wicked or criminal.

"The nefarious students planned to steal the question paper and cheat in their exams."

LEARNINGS FROM THE GITA

ये हि संस्पर्शजा भोगा दुःखयोनय एव ते ।
आद्यन्तवन्तः कौन्तेय न तेषु रमते बुधः ॥ 5.22॥

An intelligent person does not take part in the sources of misery, which are due to contact with the material senses. O son of Kuntī, such pleasures have a beginning and an end, and so the wise man does not delight in them.

UP SKILL

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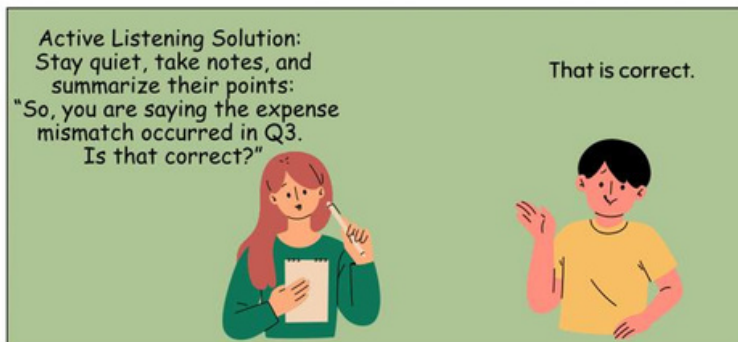
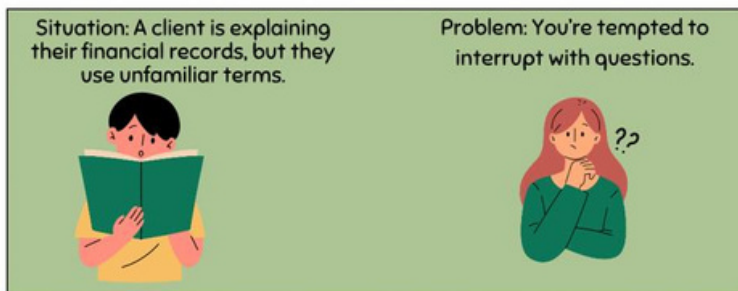


SILVER JUBILEE CELEBRATION

ACTIVE LISTENING

Builds trust | improves understanding | Boosts collaboration

Active listening is more than just hearing words; it's about truly understanding what the other person is saying. This skill is especially crucial for CA students, whether you're dealing with clients, team members, or mentors.



Steps to practice active listening

Complete Attention:

Put away distractions like your phone or laptop.

Use Body

Nod, maintain eye contact or lean slightly forward to show interest

Avoid Interrupting

Let the speaker finish before you respond or seek clarification

Paraphrase

Summarize what the speaker said to confirm understanding.

Active listening enhances your reputation as a reliable professional and strengthens relationships, making it a **MUST-HAVE** skill for your CA journey!

Wall of WORDS

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SILVER JUBILEE CELEBRATION

“What are the chances that Indians and Africans are long-lost relatives?”

After my intermediate exams, I gave my brain the dopamine fix it craved by scrolling through reels (not recommended—bad idea, trust me). That’s when I stumbled upon a reel explaining the theory of continental drift. It was one of those rare moments when Instagram taught me something I didn’t immediately forget.

Continental drift is the theory that continents have moved relative to each other over geological time. India’s story begins with the breakup of the supercontinent Gondwana about 150 million years ago. Before the drift, Gondwana was composed of today’s Africa, India, South America, Antarctica, Australia & Madagascar.

As Gondwana split, India and Africa were once neighbours, sharing common land and ecosystems. So, in a way, we could be long-lost relatives, separated by millions of years of drift.

India then broke away and began its dramatic northward journey, eventually colliding with Asia. And that collision is what led to the formation of the Himalayas.

Fun fact: Some parts of India’s ancient crust are still found in Madagascar & Australia. That’s fascinating, isn’t it?

The drift doesn’t ever stop. Australia is moving northward at a rate of 7 cm per year, making it one of the fastest-moving continents today.

The East African Rift is slowly causing the African continent to break apart. Over millions of years, parts of Eastern Africa, particularly the region near the Horn of Africa, could move closer to India due to tectonic shifts.

So, who knows? Maybe in 100 million years, India will have a new neighbor or two!

- Madhuri B V
CA Final

Cf IMPACT

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॥ ಶ್ರೀ ದುರ್ಗಾಪರಮೇಶ್ವರೀ ಪ್ರಸನ್ನ ॥
ಕಟೀಲು ಶ್ರೀ ದುರ್ಗಾಪರಮೇಶ್ವರೀ ಪ್ರಸಾದಿತ ದಶಾವತಾರ ಯಕ್ಷಗಾನ

**** ಎಕ ಬಳಕೆಯ ಪ್ಲಾಸ್ಟಿಕ್ ಮುಕ್ತ ಯಕ್ಷಗಾನ ಅಭಿಯಾನ ****

A. Cf AB PBFF – Plastic Bottle Free Functions
ಸಮಾರಂಭಗಳಲ್ಲಿ ನೀರನ್ನು ಸ್ಟೀಲ್ ಟೋಟಗಳಲ್ಲಿ ನೀಡುವುದು.

B. Cf PF on Wheels
ರಸ್ತೆಗಳಲ್ಲಿ ಪ್ಲಾಸ್ಟಿಕ್ ವಸ್ತುಗಳನ್ನು/ಬಾಟಲಗಳನ್ನು ಬಿಸಾಡದಿರುವುದು

C. Cf Green Earth
ತೆರೆಯ ಪ್ಲಾಸ್ಟಿಕ್ ಪ್ಯಾಕೆಟುಗಳನ್ನು ಕಸದ ಬುಟ್ಟಿಯಲೇ ಹಾಕುವುದು

D. Cf PRAISE
ದಿನನಿತ್ಯ ಉಪಯೋಗಿಸುವ ವಸ್ತುಗಳಿಗೆ ಬಟ್ಟೆ ಚೀಲಗಳನ್ನು ಬಳಸುವುದು

Plastic-free environment !!
For a regret-free future !!

**** Cf ಪ್ಲಾಸ್ಟಿಕ್ ಮುಕ್ತ ಭಾರತ
A CAPS foundation Initiative ****



Enjoying the fruits of labour
@ Nudi Habba

Sessions @
Govt PU College,
Koteshwar and
RN Shetty PU College,
Kundapura



CAPS-Education to Profess
Pioneer Centre for Complete CA Education (Since 2001)
&
CAPS foundation

Triple Dhamaka

ON 6/12/2024, FRIDAY @ 7.45 PM

POA

- Yoga – To Pass CA & Other Exams with Ease !!
- Cf AB PRAISE – Plastic Muktha Bharatha
- Acu & Colour therapy Awareness

"Yoga is the journey of the self, through the self, to the self."

Open to All !!

8310249327/9886683697

CAPS & CAPS foundation

in Collaboration with

SVASTAM Acu – Yoga
Presents.....

2 days Online session on
Acu – pressure & Colour
therapy @ just Rs.500

By EXPERTS:

Dr. Vijaya Seshadri
B.Sc, PhD, Acu-Faculty
(21 years teaching experience)
&
Sujata Shetty
B.A, M.D, Acu- Course Co-Ordinator
(16 years experience)

MARK YOUR CALENDARS!!
20.12.2024, Friday
@ 7.30 pm-10 pm
21.12.2024, Saturday
@ 8 pm – 10 pm

Mode of payment:
G-Pay/Phone Pe
9880707488

Contact for session's link
93806 61906
91139 43773

BEST WISHES OF
First ever "WORLD
MEDITATION DAY"
on **21/12/2024**

POA:
Magical Pressure Points for your
frequently occurring problems like:
Headache
Backache
Knee pain
Cold, Cough Asthma
Fever
Diabetes
Arthritis
Hypertension
Concentration etc. etc

CAPS @25!
Silver jubilee
celebrations!!

Yoga and Acu
sessions conducted
for students and
their families to
boost their physical
and mental health
without side effects

Cf BLANKET DAWN

CAPS@25



SILVER JUBILEE CELEBRATION

BENGALURU

LED TO A BRIGHT NEW
YEAR IN 2 PLACES!



DAKSHINA KANNADA



A happy start of the year for Pourakarmikas @ Kateel



Thought to be Taught



**Our FLAG does
not fly because of
the WIND...it flies
with the last
breath of the
soldiers who died
PROTECTING it.**

CAPS

foundation

Passion for Compassion



Your Feedback is Valuable!

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